

Karla Smith shines light on mental illness

MANDY NEWSOME
Alestle Reporter

"Challenge yourself to find the good in the people and situations around you. No matter what they seem at first glance, there is always a brighter way to look. Stop expecting the world to change, for it is you that needs to change."

These hopeful words were written by Karla Smith, a woman who battled with bipolar disorder and died of suicide at the age of 26 in 2003.

The Karla Smith Foundation came to SIUE Monday night. According to Karla's twin brother, Kevin Smith, The Karla Smith Foundation was founded by Karla's family with hope that they can erase the stigma that comes with mental illnesses and bring awareness that might eventually save lives.

"There are one million possibilities and a lot of room for opportunity," Kevin said. "So, what are you going to do as a college campus to erase the stigma? This needs a lot of attention to get help."

Kevin said talking about his sister's death is still difficult, but there is a reason he continues raising awareness.

"It was hard at first because I missed Karla. It's still hard sometimes, but she wanted to educate people and help them. It has become



The Karla Smith Foundation visited SIUE Monday to raise awareness for young adult suicide prevention. Key speakers discuss the third leading cause of death for people between the ages of 15 to 24-year-olds.

| Photo by Rebekha Blake / Alestle

my mission to keep my twin alive by sharing her story," Kevin said.

Karla's story starts with a girl who seemed to have a bright future. She was an honor roll student, took the lead in her school play and was elected to student council. However, at 19 years old, Karla started strug-

gling with bouts of depression. Two years later, she was diagnosed with bipolar disorder.

According to Kevin, college-age people are the most affected by depression, which leads to many suicides.

"The stress from college and all

of the external causes from being that age can trigger depression," Kevin said.

According to Tom Smith, Karla's father, a recent survey showed that 30 percent of college students said that at some point they were "so depressed they could not function."

"Suicide is a permanent solution to a temporary problem. I still ask when I visit Karla's gravestone, 'Why, Karla? You had options,'" Tom said.

Karla's mother, Fran Smith, said suicide is preventable, but people are not educated enough.

"My regret with Karla is that I did not know what I know now to help her," Fran said. "If a friend says 'I can't take it anymore,' you should always take their thoughts seriously. It is better to give them too much help than not enough."

Kevin said there are nine strategies one should take to help a loved one through a mental disorder that could lead to suicide.

"I struggled with the acceptance one the most," Kevin said. "I said to myself, 'My parents are overreacting. It's Karla. She will be fine.' It's so easy to believe that."

Senior nursing major Sara Rosenberg, of Decatur, the student that set up the Karla Smith Foundation presentation at SIUE, said she has lost a friend to suicide.

"I knew he was upset, but it was a complete shock," Rosenberg said. "I never thought in a million years that he would've died of suicide. It was his first attempt."

Rosenberg said much of the stigma that comes from mental dis-

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Functional Fashion: DLP breaks stigmas, not rubbers

LEXI Cortes
Alestle Opinion Editor

Delta Lambda Phi is a fraternity whose unofficial mission is to touch as many lives as possible in order to create change on our campus no matter the adversity they may face.

One of the original founders, senior history major Michael DeMoss, of Danville, continues to support his brothers even though he is not an active member.

"We accept everyone for who they are," DeMoss said. "One thing that DLP does on campus is just say 'Look, we take you at face value. Can you take us at face value?' We don't have any motive except just to make everything better: to remove a layer of stigma, to remove discrimination. Those things are still there and if it's there, you can bet we're going to address it."

Graduate student in public administration Joel Durham, of Marion, is also not an active member at this time, but he is still working to get the word out about DLP and the things they do for the campus.

"We're a unique group of people...trying to get out into the community and prove stigmas wrong," Durham said. "We host events like

the Drag Show. That might seem cliché, but it gives people an opportunity to come to an event and open their mind."

According to Durham, DLP has been preparing for another event, which is the Bethany Place Condom Fashion Show. The clothing presented in the show is decorated with condoms.

"That money is going to Bethany Place, and they are a non-profit organization that does HIV, AIDS and STI testing, outreach [and] prevention for the Metro East and surrounding area," Durham said. "They go as far down as Marion, Illinois and as far up as Northern Madison County."

The event will take place at 7:00 p.m. Thursday Feb. 9, at Four Points in Fairview Heights and tickets are discounted at \$25 for students.

DLP will host a separate Condom Couture Fashion Show on campus toward the end of spring. While the fraternity has had the chance to entertain and educate the campus at their events, they have also created bonds with each other along the way.

One of seven active members, sophomore dance major Brian Cooper, of Chicago, is now the sec-

retary for DLP, but he remembers a time before he had any homosexual friends.

"I didn't know much about the culture, so I felt like once I got into the group, I would learn more about myself and the culture," Cooper said. "Since I've joined this semester, I can say I've grown a lot compared to my first year in college."

Sophomore classical music performance major Alex Niemaczek, of Collinsville, vice president of DLP, said he came out right before he graduated high school. Going into college, he did not know much about homosexual culture either.

"[DLP] was just a nice place where I was around gay, straight, bi or whatever, and they were accepting and cool to hang out with," Niemaczek said. "More importantly, they didn't just always want to get in your pants. When I started coming out...every guy I talked to, that's all it was really. It was nice to be around some people who just wanted to hang out and get to know you, make you feel appreciated."

Sophomore psychology major Anthony Maier, of Springfield, Mo., is DLP's president and the Gay Straight Alliance's vice president. He



Delta Lambda Phi members fashion pants with condoms in preparation for the Bethany Place Condom Fashion Show that takes place Thursday Feb. 9 at the Four Points Sheraton in Fairview Heights.

| Photo by Rebekha Blake / Alestle

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Scan here for video of Alpha Phi King of Hearts pageant



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orders is due to lack of education and the way society is set up.

"People do not want to talk about it because nobody knows how to deal with it. If something bad happens, people don't want to upset the person by talking about it," Rosenberg said. "Insurance companies do not have as much coverage for mental illness as much as they do for a physical ailment. That could change. We just need enough people talk about it and question it."

The Karla Smith Foundation presentation at SIUE had a full crowd.

"I was really surprised by how many people showed up. The School of Nursing helped advertise a lot, and I was really pleased with the turn out," Rosenberg said.

One of the people that came to hear the Karla Smith Foundation's message was nursing major Julee Simpson, of Fairfield.

"I went partly because my class requires that we go to different community groups, but I have also been affected by suicide," Simpson said. "My sister-in-law's mother died from suicide."

According to senior psychology major Brittany Lamb, of Decatur, suicide is something she feels like she will have to deal with in her career.

"I'm looking to work with children, but, with the suicide rate so high, I think I can assume I will be working with families that are affected by suicide," Lamb said.

For Kevin, the ultimate purpose of the event is to save lives.

"This is what it is about," Kevin said. "If we connect with one person to talk and get help, we could ultimately save their life. That is worth it."

Mandy Newsome can be reached at mnewsome@alestlelive.com or 650-3527. Follow @mandydaduchess.

KSF's 9 strategies to prevent suicide**1) Medication**

Make sure your loved one is taking their medication regularly

2) Go to a counselor, therapist, or sponsor for insight

Make sure your loved one is seeking help for a medical professional

3) Education

Learn as much as you can about your loved one's condition

4) Acceptance

Accept your loved one's mental illness as a fact of life, but not one that encompasses their whole life

5) Self Esteem

Help build your loved one's self esteem since it is important to have a balanced emotional life

6) Warning Signs

Identify early warning signs that your loved one could be in trouble

7) Self Care

Help your loved one take care of themselves physically to obtain a healthier emotional life

8) Networking

Network with others that suffer from a similar mental disorder so that you and your loved one are not alone

9) Faith

Acknowledge dependence from a higher power and seek guidance from that higher power

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said he could have never predicted he would be in a fraternity.

"I had never considered joining a fraternity or going Greek in any way," Maier said. "I didn't know it was an option for me as a gay man. I went to a rush event just to see what it was all about. It was dance night. I started out the night with [my] guard up and two hours later it just felt like I had known them forever."

Maier said DLP has not only introduced him to some new friends, but it also completely changed him and opened him up after he took part in an organization called Delta Force.

"I used to be very timid," Maier said. "Through this organization ... there were 18 of us at Camp Ohio in the freezing cold in a cabin, off the grid. [We were] just completely there 100 percent doing leadership activities. I left knowing that I have the power to create change in the world, even if it's just a little bit."

DLP tries to empower everyone they come into contact with by letting them know that they can also change the world. This becomes extremely important when they go about recruiting new members.

"There's a certain level of resistance I think we have to overcome," DeMoss said. "I think that's maybe why our rush efforts are best when they're person to person. That's great though, because if they have any questions, someone is right there to be like 'But look at it this way.'"

According to Durham, a lot of the members attend GSA meetings and try to involve the club in the recruiting process as well.

"During rush time, Anthony [Maier] or whoever is at the meeting will ask the president if it's okay to make an announcement about rush and seeing if anybody is interested in coming out and rushing," Durham

said. "As far as them helping us out with it, that's a little more difficult because GSA is about the entire spectrum and we are a small portion."

DeMoss said as one of the first members of DLP, he has seen the fraternity, as well as GSA, develop a great deal since he was a freshman.

"When I first got to campus, there was a genuine need for a fraternal organization like DLP," DeMoss said. "The GSA on campus at the time was wonderful, but GSAs can only do so much. It wasn't about brotherhood. It was just about 'let's go have a cup of coffee.' We wanted more than just to be friends. We wanted to be lifelong brothers."

A sense of community is what DeMoss needed and he said he could not have asked for better brothers. Seeing DLP as it is now makes all of the blood, sweat and tears it took to create it in the first place worth it, according to DeMoss.

They were first colonized in the fall of 2003 and finally chartered March 12, 2005.

"At the time, I think they welcomed us on campus," DeMoss said. "The administration always accepted us. We never experienced any resistance from them. The student body wasn't always accepting ... I think in those times, it's when all of the brothers get together and say 'We're going to push through it and we're not going to let the bastards get us down.'"

According to DeMoss, the IFCs received them with open arms, and the sororities have always supported DLP.

"It's so much work and there are times when you feel like 'Is it really worth it?' A few of my Delta Phi Epsilon friends in particular, they're just like 'Push through it,'" DeMoss said. "The sororities, they are our cheerleaders. When we're just feeling beat down or just kind of low energy, they just push us along and it's very

mutual."

Maier said the sororities were there for them when they had a low point this semester after not getting any pledges during Rush Week.

"We had one person show up to a rush event and he wasn't ready, so that's very discouraging," Maier said. "After that happened, Alpha Phi left a note on our desk that said 'Everything's going to be fine, just keep going.' It's encouraging."

The response from students during Rush Week may change now that transgender students have been formally welcomed into the organization as of July 2011.

"There had been some trepidation about it, so the national convention, which is our highest governing body, officially said 'These members are part of our experience and they deserve brotherhood as much as anyone else,'" DeMoss said.

The heated debates over allowing transgender members into the organization showed DLP just how much discrimination can be present, even within the LGBT community, according to DeMoss.

"One of our purposes is to push boundaries on that and accept our kindred brothers," DeMoss said. "I've spoken with our trans brothers. I've had my eyes opened. I'm so thankful that I've had those conversations."

DLP has seen a lot of growth since they began in 2003 and the brothers are constantly looking to the future to see how they can improve things on campus even more.

"I would like for the stigma not to be there," Maier said. "It comes down to the person to person contact. Just making sure that, even though there [are] few of us, being at as many Greek events as possible so that we are taken seriously and we're not just the outsiders."

Lexi Cortes can be reached at acortes@alestlelive.com or 650-3527. Follow @lexi_cortes.

Black Heritage Month February 2012**AFRICA, MY ROOTS**
America, My Home**Schedule of Events****Thursday, February 9**

Caribbean Sounds - SIUE Steel 12 Noon - 1 PM
Goshen Lounge, Morris University Center
Join us for a performance by SIUE Steel, a group of talented steel pan players and learn the history of steel pan and its relation to African American heritage and the African American experience.

Speak on It 7 PM - 9:30 PM

Goshen Lounge, Morris University Center
Enjoy an evening of spoken word and poetic verse of the past, present and future exploring issues and solutions.
Co-sponsored by One Mic Poetry

Friday, February 10

Ninth Annual Gospel Explosion 7 PM - 10 PM
Meridian Ballroom, Morris University Center
Join us for an inspirational evening to spread the gospel of healing, reconciliation, and unity to the campus and community. The event will feature gospel music, poetry, rap and praise dance.

Monday, February 13

Motown Review 12 Noon - 1 PM
Goshen Lounge, Morris University Center
Learn about the history of Motown and its impact on Rock 'N Roll and on American music.

Wednesday, February 15

Djembe Drums 12 Noon - 1 PM
Goshen Lounge, Morris University Center
Stop by and decorate a complimentary drum while supplies last.

Thursday, February 16

Health Fair: A Celebration of Health, 2012
10 AM - 2 PM
Goshen Lounge, Morris University Center
Come and celebrate your health through health screenings and evaluations. Learn how simple lifestyle changes and acquaintance with community health care providers can improve your health in 2012 and beyond. The program will feature a performance by the Community Performance Ensemble and a fitness demonstration.

Black Heritage Month Student Talent Show

7 PM - 10 PM
Meridian Ballroom, Morris University Center
Come watch SIUE students as they take their turn on stage showcasing their singing, dancing, poetic, and musical talents.

Friday, February 17

The Great Debaters 7 PM
Science Building, Room 1105
This touching drama starring Denzel Washington and Forrest Whitaker is based on the true story of Mel Tolson, a professor at Wiley College who inspired his students to form the school's first debate team. This group of kids was the first African American team to ever go up against Harvard and defeated the famed debate team in the national championships.

Thursday, February 23

Quiz Me to My Roots 7 PM - 9:30 PM
Goshen Lounge, Morris University Center
Come and test your knowledge of African American history and trivia facts Jeopardy!® style for a chance to win a cool prize such as, an iPad, gift cards, etc.

Saturday, February 25

Africa Night 6 PM - 10 PM
Meridian Ballroom, Morris University Center
Enjoy an evening of African culture through food, dance and entertainment.
Students: \$10 Faculty/Staff: \$12
General Public: \$13
Call the MUC Information Center at 618.650.5555 to purchase tickets.
Sponsored by the African Student Association

All events are free unless otherwise noted.

Contact the Kimmel Leadership Center at 618.650.2686 for additional information.

All events are subject to change.

Black Heritage Month is sponsored by the Campus Activities Board.

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Civil Rights Silhouette

Awards honor MLK-esque student population

Photo by Ace Moore/Alestle

ANDREW RICHARDS
Alestle Reporter

The Kimmel Leadership Center hosted SIUE's 29th annual Martin Luther King, Jr. birthday celebration Tuesday in the Meridian Ballroom.

The event featured East St. Louis Mayor Alvin Parks as the keynote speaker and honored six Martin Luther King, Jr. award winners.

Parks stressed two things important to society:

"What is the number one topic they always talk about as you talk about the economy needing to come back up? It's jobs, jobs, jobs," Parks said. "The second is what you all do so well on this campus, education ... You can contribute more [to society] when you know more."

Parks, who is the 31st mayor of

East St. Louis, has more than 20 years in corporate, government, education and political industries.

Award application process

Kimmel Leadership Center Director Steve Sperotto said the process for nominations regarding the Martin Luther King, Jr. community, university and scholarship awards started last October.

Campus officials said the people selected for these awards have to replicate the kind of work Martin Luther King, Jr. did in his life and in their own lives.

For the community humanitarian award, Sperotto said nomination application packets were sent to various nonprofit organizations and churches across the Metro East.

The university humanitarian nomination involved university fac-

ulty and staff sending nominations through email.

For the scholarship award, Sperotto said 18 students applied, which includes tuition for two semesters paid in full. The selection committee, which is made up of three staff members, then narrowed it down to three or four students.

Those students came in for interviews with the committee, and the final choice was made in December.

The three staff members who served on the committee were speech communication professor Renee Fussell, University Marketing and Communications Specialist Patricia Merritt and Earleen Patterson, program director for Student Opportunities for Academic Results.

Sperotto said high school award winners were nominated by the high schools' teachers and staff.

Dorris Davis - The Community Humanitarian Award

The Rev. Dorris Davis, of East St. Louis, said this is the first time he has ever received an award of this nature.

"I think it's the greatest thing that has ever happened [to me]," Davis said.

Davis is the owner and operator of Helping Hands, a homeless shelter for men located in East St. Louis.

Davis feels he has the same feeling of love for the modern community that Martin Luther King, Jr. had for the people when he was alive.

"We both have the same feeling for the people," Davis said. "I know that Dr. Martin Luther King really did love and care for everyone and I have the same feeling of love for everyone because this is what God

really wants us to do."

Cheryl Heard - The University Humanitarian Award

Cheryl Heard, assistant director for Student Organizational Development in the Kimmel Leadership Center, said she was surprised when she found out she was nominated.

"When I found out I won, I was pretty excited," Heard said. "I am very honored and very humbled by the award."

Heard has been working for more than 16 years with the grassroots organization called Racial Harmony.

The organization, which is based in Swansea, is focused on enhancing and increasing communication and understanding among all

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---racial and ethnic groups.

She said her involvement with Racial Harmony, of which she served as president from 2006-10, was the reason behind her nomination.

"I really thank the individuals who nominated me and thought enough of me to think that I was worthy of receiving the award," Heard said. "I hope that I can continue to do my part."

Deontay "Sean" Crawford - Scholarship Award

Deontay "Sean" Crawford, junior biomedical sciences major with a concentration in dentistry, said he felt he had the qualifications for the scholarship award and just went for it.

"I am not a big person when it comes to applying for scholarships, ones that especially have to do with writing," Crawford said. "I am not the greatest writer. When I read all the criteria for the scholarship, I met all of them. At least, I thought I did. The writing was pretty much right up my alley."

Crawford said he wrote a short essay centering on the beliefs of Martin Luther King, Jr., how he lived up

to his legacy and what his goals were for the future.

He also had to turn in his transcript and two to three letters of recommendation.

Crawford said he believes he has the same beliefs as Martin Luther King, Jr. in terms of how he treated his transgressors during the civil rights movement.

"You have to be ethical, as far as the way you treat people," Crawford said. "I think that's the key point, and I think Dr. Martin Luther King believed that all the way through. Even when the officers treated him wrong, he showed them respect even if he didn't get it back."

"Hate is a revolving cycle," Crawford continued. "[But], if one person shows love to another person, they'll show love to the next person because love is also a revolving cycle. You have to start with somebody to stop hate and start love."

For a complete list of scheduled events for Black Heritage Month, visit siue.edu/cab/heritage.shtml.

Andrew Richards can be reached at arichards@alestlelive.com or 650-3527. Follow @AndreRichards.

SIUE POLICE BLOTTER

2-1-12

An officer met with a student about text messages and a note on her car from a fellow student.

An officer took report of a vehicle striking a guardrail to avoid a deer on Cougar Lake Drive. Facilities Management was notified about damage done to about 8 feet of the guardrail. The officers controlled traffic while the vehicle was towed.

2-3-12

A detective was contacted by the Schaumburg Police Department regarding fraudulent use of a credit card. Items purchased with the card were being shipped to an address in Cougar Village.

An officer issued Ashley N. Wolf a citation for speeding 61 mph in 45 mph zone on South University Drive at Stadium Drive.

An officer issued Jessica A. Carlson a citation for operation of an uninsured motor vehicle on South University Drive.

2-4-12

An officer issued Catherine S. Reinhard a citation for driving

without a valid license on South University Drive.

Several officers responded to the Tennis courts by Lot F to assist in removing a vehicle that rolled out of its parking spot and into the courts.

An officer arrested Jessica L. Jordan for theft of lost/mislaid property. She was brought to the police department, processed and released with a notice to appear.

An officer arrested Nathan L. Jackson for driving with a suspended license on South University Drive. He was brought to the police department, processed and released after posting \$150. The vehicle was turned over to the passenger.

2-5-12

An officer issued Angel R. McCain a citation for operation of an uninsured motor vehicle and expired registration on South University Drive.

An officer issued Althea P. Johns a citation for operation of an uninsured motor vehicle on South University Drive.

An officer took a call about four

people possibly smoking cannabis in a Toyota Camry. The officer located and searched the vehicle, arresting Ebony E. Jones for drug paraphernalia. Jones was brought to the police department, processed and released with a notice to appear.

An officer issued Mia Price a citation for operation of an uninsured motor vehicle on South University Drive.

An officer issued Major Lee Harper a citation for speeding 46 mph in a 25 mph zone on South University Drive at P2 Road.

2-6-12

An officer issued to Lauren Welch a citation for driving without a valid license on Cougar Lake Drive at North University Drive. Welch had a friend drive her home.

Officers observed a parking sign in a living area while on an ambulance call and advised the residents that it is unlawful to possess it.

Several officers checked the welfare of a subject in a vehicle in Woodland Hall Lot and arrested Joshua G. Dare for possession of drug paraphernalia. He was taken to the police department, processed and released with a notice to appear.



Campus Activities Board Presents:

Breaking Dawn

February 10, 2012 7PM

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Room 1105

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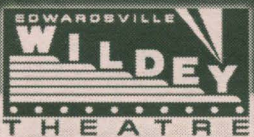
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All hard copy letters should be typed and double-spaced. Letters should be no longer than 500 words. Include phone number, signature, class rank and major.

We reserve the right to edit letters for grammar and content. Care will be taken to ensure that the letter's message is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

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One copy of the Alestle is free. Additional copies cost \$1 each.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press, Student Press Law Center, College Newspaper, Business & Advertising Managers.

The name Alestle is an acronym derived from the names of the three campus locations of Southern Illinois University Edwardsville: Alton, East St. Louis and Edwardsville.

The Alestle is published on Thursdays in print and on Tuesdays online during the fall and spring semesters. A print edition is available Wednesdays during summer semesters. For more information, call 618-650-3528.

Have a comment?
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The Alestle
Campus Box 1167
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Abortion law could deter, rather than inform women

According to Illinois House bill 786, the Ultrasound Opportunity Act, women electing to have abortions will be subject to undergo an invasive sonogram, listen while a technician or the doctor verbally describes in detail what is shown in the sonogram and wait a 24-hour period before receiving the procedure.

Mandating women to attend an additional appointment to get a sonogram, in which the image is verbally described in detail to her is not a method of ensuring women are simply in-



Robyn Kirsch
Managing Editor

formed, but rather a dramatic attempt to incite shame and indecision.

Essentially, women will have to jump through unnecessary hoops, in addition to the critical decision-making process involved in getting an abortion.

This month in federal appeals court, Texas upheld its version of the law.

Meghan Rhoad of the L.A. Times wrote in an article titled "Unneeded obstacles to abortion" that proponents of the law claim its veracity due to the woman's need for informed consent.

The concept that women are not being fully informed is not one I like to entertain.

As a woman who has investigated her own personal options in the past, I believe women are already being informed by the doctor before even having to consider making an appointment at an abortion clinic.

It is already part of the current trend for women to arrange and attend an appointment with a doctor or specialist when they suspect they are pregnant. Subsequently, after meeting with a doctor or specialist, women then have to make a decision to begin prenatal care or have an abortion.

The proponents are hoping women will change their minds based on the assumption that smacking them in the face with insinuated guilt and extra time to contemplate a decision will be an effective strategy in lowering the number of abortions.

This new legislation will cause women to be less likely to want to visit their local clinics to get said procedure in the future in an effort to avoid the extra appointments and pretentious nature of the new method

of "informing." As it stands without this legislation in order to get an abortion, a woman has to go to the gynecologist for an examination to determine how far along she is and be referred to the clinic.

An appointment will be made with the clinic, which usually requires the woman to have a window of several hours availability for the consultation with the counselor and subsequent other meetings with the cashier, nurse and doctor. This is required to ensure the woman has a stable mental state when about to undergo the procedure or receive medication to induce an abortion.

To make this process leading up to an abortion any more lengthy and complicated than it already is would end up alienating more women than it would help or inform. If you are someone who does not want women to have abortions, then I guess this is what you would do, but a woman should have the right to choose what happens with her body, family and life. Women have already been given this right, and it should be noted that approving this legislation is just allowing our progressive state to backtrack in terms of women's rights.

This legislation is truly serving the egos of those who are anti-abortion, commonly referred to as pro-life. I dislike these categorical labels due to the narrow distinctions. People should keep in mind that a woman can have a family and also choose to have an abortion. This is where the pro-life and pro-choice distinctions clash.

Beverly McPhail of the Beverly Houston Chronicle reported in "Mandatory ultrasound bill giant step back for women," that "according to the Guttmacher Institute, six in 10 women who have abortions are mothers, and their primary reason for having an abortion is to better care for the children they already have."

This new legislation will also cause women to incur more expenses and miss additional work, which could prove to be detrimental to the single, working mother.

Ultimately, I think McPhail hits the nail on the head in the following statement: "The goal of the law is to dissuade women from having abortions, not empower them to make the best decisions for themselves and their families."

Robyn Kirsch can be reached at rkirsch@alestlelive.com or 650-3525. Follow Robyn @ RobynKirsch.

Speak Out

What do you think about the Ultrasound Opportunity Act?

I think that's a good idea because I feel like most people don't know what's



going on. They just think about the end result. Once people actually know, then probably 9 times out of 10 they'll change their mind.

Gloria Jones
freshman psychology major
from Chicago

I think it depends on the individual, the individual's background and perspective on things. For someone that's had an awful event happen to them and now it's like 'Hey remember this? Remember it again.' That wouldn't be very good. It's a tricky subject.



Sarah Gillespie
fine arts graduate student
from Newton

That's a good law. It's another extra step. It's like 'Are you sure you want to go ahead with this?'



Minh Nguyen
freshman
pre-pharmacy major
from St. Louis

That's an innocent human life that you're debating destroying, so you should know what you're doing before you do it.



Jessica Loethen
junior
biology major
from St. Louis

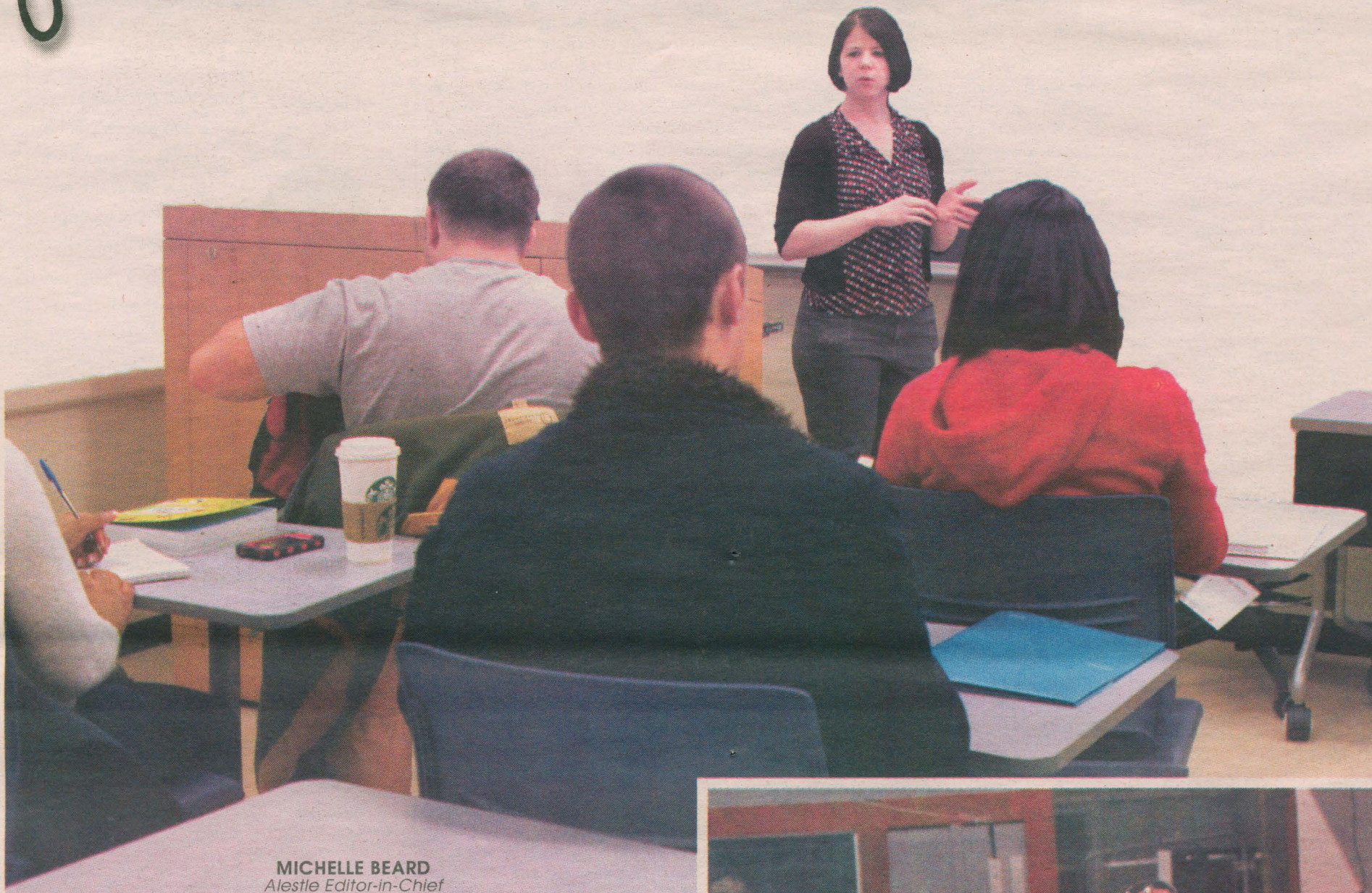
I really don't think that's fair to the person who's wanting to get that procedure done. It's obviously something that they don't want in their life, and to make them go through even more trauma by making them see all that, I don't think that's right.



Hannah Jordan
junior art major
from O'Fallon

What do you think of the new abortion law?
Answer our poll on www.alestlelive.com!

from teacher...



MICHELLE BEARD
Alestle Editor-in-Chief

In the classroom, alumna Jessi Wilson teaches basic-level writing classes as an adjunct professor at SIUE; on the track, she is Morgan Le Faetal, jammer and blocker for St. Louis roller derby teams the Stunt Devils and Arch Rival Roller Girls All Stars.

As with most competitive sports, the object of roller derby is to score the most points. The jammer's goal is to score points by passing members of the opposing team while the four blockers attempt to stop the opposing team's jammer.

Wilson describes roller derby as football for women on skates, but, instead of a ball, there is a jammer.

"Imagine the life of that girl, who is the 'ball,' who has to get through the pack of blockers and she has teammates who are trying to help her to be the ball to score the points, but it's a hard life. It's a lot of work," Wilson said.

Wilson, who received her bachelor's and master's degrees from SIUE, has been teaching since 2008. Around the same time, Wilson donned skates and kneepads and joined a roller derby league in St. Louis.

"I was looking for something fun to do in my life because I finished school for a while at least. In October 2008, I joined the league," Wilson said.

"I immediately knew this grunge culture where the girls throw on these dirty pads and get up on skates and hit each other was something that had been missing in my life..."

Jessi Wilson
*SIUE English professor
and Stunt Devils jammer*



...TO JAMMER

Q: How did you get involved in roller derby?

A: "Another instructor here, who used to do roller derby, introduced me to it. She took me to see one of their practices and I saw it and I immediately knew this grunge culture where the girls throw on these dirty pads and get up on skates and hit each other was something that had been missing in my life.

Q: How do you balance school and roller derby?

A: "Carefully.

Pretty much, I don't have a life outside of teaching and roller derby. I'm constantly either grading or going to practice or doing something roller derby related or in class teaching. I have other friends, who are not roller derby friends and are not students, but it's very hard for me to find time for them and they've all been very understanding because they know it's something I really like.

Q: Which do you like better?

A: "[Teaching and roller derby] are important parts of my life. If I had to say I liked one better, it would be roller derby because that's the fun side of life for me. But I feel like teaching is an important aspect of my life as well because it allows me to help other people,

which is something I enjoy doing.

I do get frustrated at my students sometimes and [roller derby] allows me to take out some of that aggression in a more acceptable way, instead of ending up cussing out one of my students because they're not turning in their homework assignment on time.

Q: What is your favorite aspect of roller derby?

A: "The teamwork and having other women that I can connect with.

I think that in our society it's really hard to connect with other women. We, as women, put up this face of 'Oh, we're being nice to each other,' but we don't necessarily connect on deeper levels sometimes.

To play a sport with another woman, to have a teammate like that, you have this connection because you've gone through sweat and tears and sometimes blood together that you can't get any other way.

The Stunt Devils will face the M-80s in the Arch Rival Roller Girls 2012 Local Championship on Saturday, April 28 at Chaifetz Arena.

Michelle Beard can be reached at mbeard@alestlelive.com or 650-3530. Follow Michelle @michbeard



Morgan Le Faetal (center) leans in to block at a game against the Rebel Skate Alliance. 'I do get frustrated at my students sometimes and [roller derby] allows me to take out some of that aggression in a more acceptable way. Instead of ending up cussing out one of my students because they're not turning in their homework assignment on time,' Wilson said.

| Photos by Michelle Beard

New dining options abound

Edwardsville welcomes downtown eateries

LEXI CORTES
Alestle Opinion Editor

St. Louis Magazine recently announced the dining "hot spot" in 2012 is in the heart of our very own town thanks to additions like Dewey's Pizza and Cleveland Heath.

Edwardsville Mayor Gary Nieber said he heard the news last week and thinks this happened for a few reasons, including all of the town's recent growth.

"In large part, it's because Edwardsville has become somewhat of a destination for people who live within a 20-mile radius for shopping [and] entertainment," Nieber said. "The opening of the Wildey Theatre has played a major role in that. Through the many events and functions that are held there, thousands of people have come to downtown Edwardsville for that reason."

Nieber said he couldn't be happier that businesses still want to invest in Edwardsville despite the tough economic times.

"It wasn't too long ago when the downtown area was not as active and as vibrant as it is today," Nieber said. "We're certainly pleased with that. It's good for our businesses. It's good for our residents. As in everything, the university plays a major role in that."

Speech pathology graduate student Chelsea Frerichs, of Rantoul, said she is excited about the new dining options and thinks it could benefit the campus in a big way.

"We're kind of isolated from the actual community," Frerichs said. "I think it will bring it together. I'm from a town kind of like this. I drove around [Ed-

wardsville] a lot just to find my way. It's interesting too. Downtown is awesome. It's hometown stuff."

Assistant Manager James Finazzo of Cincinnati-based Dewey's Pizza said he is always looking to expand in places like Edwardsville because of that hometown feel. Dewey's renovated the location at 112 East Vandalia near Main Street.

"We like to try and find the older buildings in the downtown area and what we do is go into those buildings and kind of do our thing and set up a nice warm atmosphere," Finazzo said. "We've got the brick work and the nice open ceiling — kind of gives that nice warm, cozy feeling in a small town."

Finazzo said the university was a major draw in coming to Edwardsville. He expects a lot of business from college students, and they can expect to find more than just the pizzas that Dewey's name implies.

"We do calzones and salads," Finazzo said. "We have a full selection of handcrafted beers and red and white wines as well. You can get a salad that starts out at \$5. Calzones are like three toppings inside for about \$8. Your small pizzas are going to start out around \$12 and go up to \$20."

Even though the location is close to an already existing Domino's, Finazzo said he isn't really worried about competition.

"Ours is more of an artisan pizza," Finazzo said. "It's hand-tossed with a pastry-like dough and fresh toppings. Our dough is made by Dewey's. We get it delivered here every day from our dough commissary ... in St.

Louis."

Junior criminal justice major Shaun Colgam, of Peoria, said he can't wait for Dewey's to open, and not just because he will be working as a cook there.

"It's going to be really good food it sounds like: all freshly made dough every morning, nothing's ever frozen there, it's all deli-sliced meat," Colgam said. "They don't even have a freezer there."

According to Finazzo, in addition to the fresh ingredients, Dewey's also offers a fresh selection of background music like you won't find anywhere else.

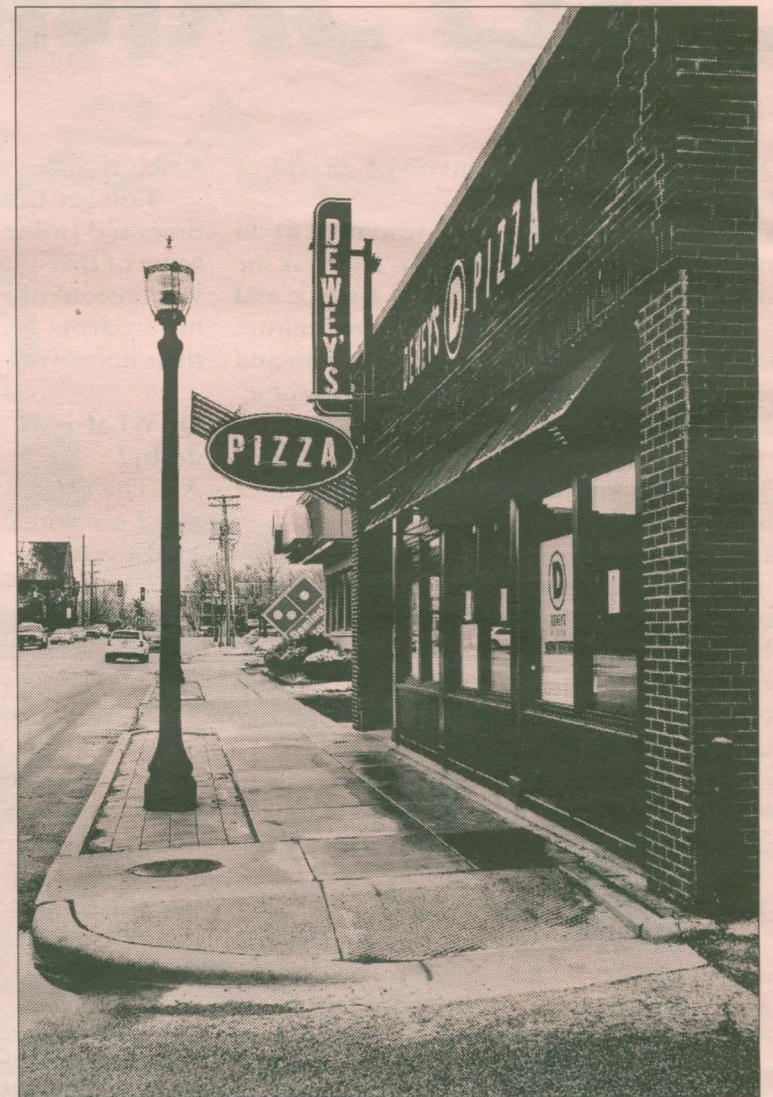
"Our owner handpicks all the songs that go onto our iPods," Finazzo said. "It's a pretty wide range: anywhere from Amy Mann to Bruce Springsteen to Phish to Jack Johnson."

Nieber said he has heard nothing but good things about the atmosphere and food of Dewey's, as well as other new eateries.

"Some of my friends have actually been to Dewey's in St. Louis and speak very highly of it," Nieber said. "It's not just them but the new restaurant downtown, Cleveland Heath. It's a nice environment, excellent product and, to a certain degree, a lot of those kinds of restaurants are also a good social experience."

Cleveland Heath opened at 106 N. Main St. and has previously been featured in its very own article for St. Louis Magazine, in which writer Katie O'Connor raved about the local ingredients used in its menu full of comfort food.

George Mahe, who wrote the dining "hot spot" article,



Dewey's Pizza will open on March 5. | Photo by Andrew Rathnow/Alestle

mentioned Cleveland Heath as well, accompanied by the promise of a Cyrano's and Coyote Grill to come to Edwardsville soon. He said Coyote Grill will begin to renovate in Neruda's current location after it closes down later this month, while Cyrano's owner has yet to decide on a location.

Nieber said Edwardsville residents and SIUE students, faculty and staff will have the new challenge of deciding which

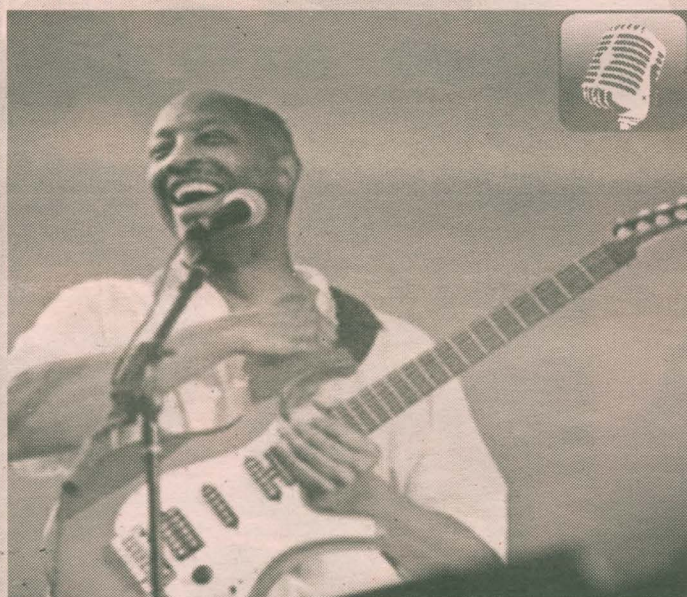
of these restaurants to eat at first.

"The restaurants are everything from pizza and other types of food, all the way to fine dining," Nieber said. "It provides choices. Years ago, people didn't mind driving 10 or 15 miles to go to a restaurant and now there are opportunities right in their backyard."

Lexi Cortes can be reached at acortes@alestlelive.com or 650-3531. Follow Lexi @lexi_cortes



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REVIEW

VIOLENT VALENTINE

Twisted Metal makes PS3 debut

JAKE LUEBBERT
Alestle Reporter

Feb. 14, a.k.a. Valentine's Day, is coming up next week. It is also the date that the "Twisted Metal" franchise is set to make its long-awaited return to glory on the PlayStation 3, thereby giving romantically frustrated men and women all over the country an opportunity for some nice "carnageddon combat catharsis." Actually, it will probably just be another way for guys to ignore their girlfriends. Sorry, girlfriends!

As the eighth installment in the series, "Twisted Metal" is the first installment of the series on the PS3, making it Sony's longest-running PlayStation franchise. If

you are unfamiliar with the series, let me first extend my deepest sympathies to you. What you need to know is it's breathing new life into a genre that has been dead for several years: vehicular combat.

Basically, you control warped caricatures behind the wheel of even more warped vehicles (including a helicopter!) and take on your opponents in demolition derby style tournaments with weapons. To be clear, there is no racing involved, so don't think this is going to be like a "Mario Kart" or "Burnout" style game. It is all about devastation and destruction of your oppo-

nents.

Because of the style, the game will obviously be more heavily geared for a multiplayer experience, including various online game modes with up to four player split-screen and 16-players online. One new game mode I'm most excited for is called Nuke. In this mode, you'll choose one of two opposing factions. Each faction has a giant metal statue being held in the air by a helicopter, which you are attempting to destroy.

However, in order to de-

stroy these statues, the players must abduct the enemy team's leader and sacrifice the leader to a missile launcher that will, in turn, launch a nuclear missile. I know it sounds crazy, but it looks incredibly fun. And it gives the game a certain cat-and-mouse type of feel, similar to a fighting game, which is sure to be a nice alternative to all the run-and-gun action you'll see in other modes.

Another interesting thing to note about the franchise is that, David Jaffe, the genius behind the critically acclaimed "God of War" franchise, created it. Jaffe, thankfully, isn't trying to reinvent the wheel with this game and is sticking to what worked in the past, bringing back iconic characters such as Sweet Tooth and Axel and sticking to its original plotline where contestants compete in Calypso's tournament.

For me, this game represents a chance to have some endless new-age retro fun and gives a break from infuriating online sessions of games like "Modern Warfare 3." If you want a chance to check it out, there is a free multiplayer demo available now on the PlayStation Network. I suggest you get it; I have already preordered my copy.

Jake Luebbert can be reached at jluebbert@alestlelive.com or 650-3531. Follow Jake @Jake_Luebbert.



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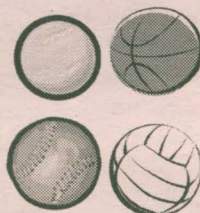
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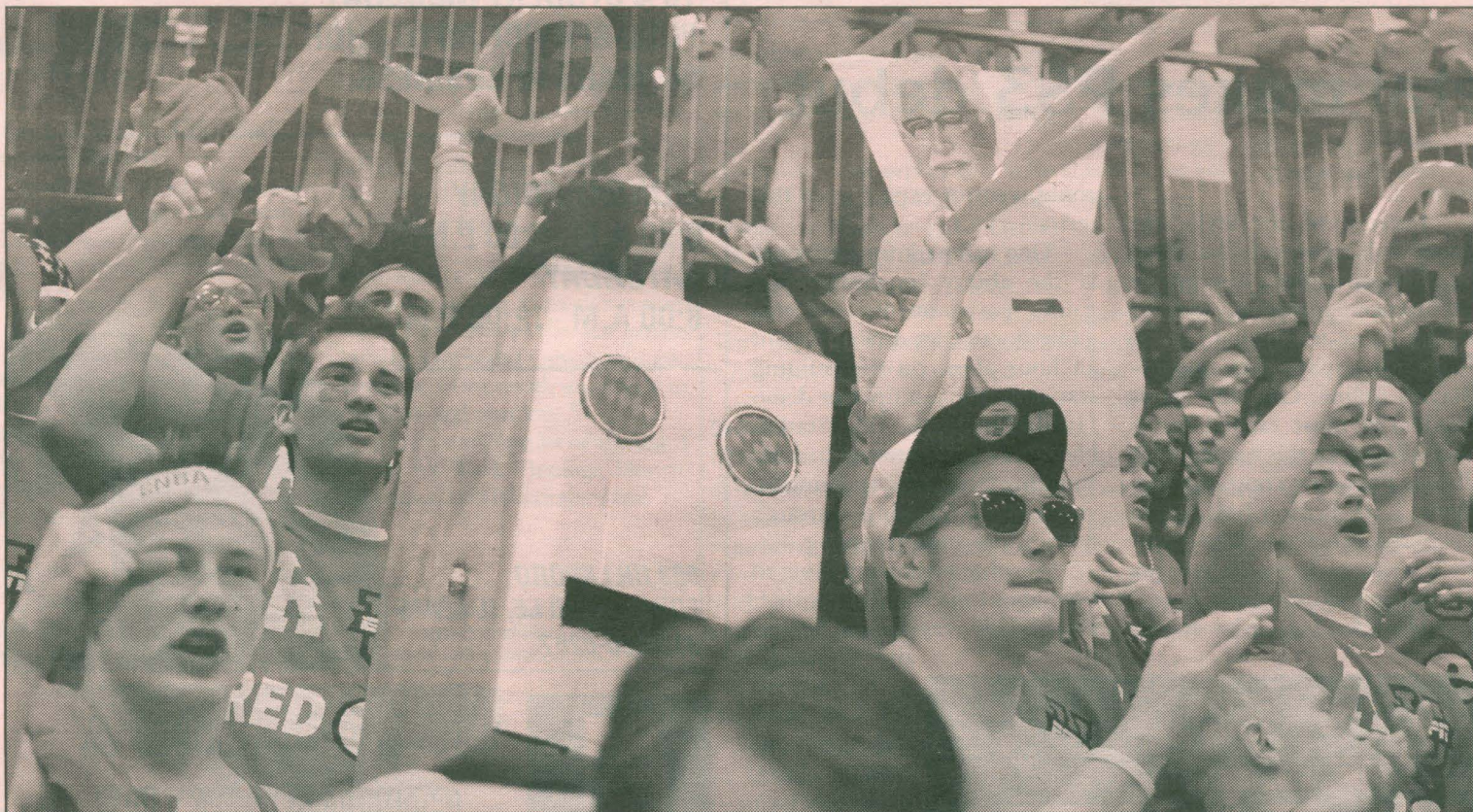
Sports

Questions or comments regarding this section?
Contact Sports Editor John Layton at
650-3524 or sports@alestlelive.com

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www.alestlelive.com

Thursday, February 9, 2012



Students pack the stands for the 'Red Out' during the Jan. 21 game against Murray State. Former Red Storm President Felix Burkart said the game marked one of the proudest moments of his tenure: 'Our fans stayed to the very last second of the game and our team never stopped playing. That connection there meant a lot to me.' | Photo by Andrew Rathnow/Alestle.

Red Storm president resigns

JOHN LAYTON
Alestle Sports Editor

After leading students to attend many different athletic events, senior marketing and management major Felix Burkart, of Edwardsville, has decided to resign his position as president of the Red Storm.

Men's tennis Head Coach Jason Coomer, who acts as the adviser to Red Storm, said Burkart has been very good for the organization.

"He took a lot of initiative to try and reestablish the foundation of the Red Storm," Coomer said. "He spent countless hours and late nights looking for ways to involve

the student body and improve the Red Storm."

Burkart said he chose to resign now because he graduates in May, and it will be easier to transition to a new president before then.

"I was going to end up resigning anyway. I started thinking, we already have a guy in mind. We're going to have to transition him," Burkart said. "Instead of him directly shadowing me, I figured we'd try to get him appointed."

Junior business major Colin Riley, of Moline, who was a fan captain with the Red Storm, is now the interim president. He said it will be tough to take over

after Burkart.

"[Burkart] told me the other day that, when I take over this, it's in my hands and you treat it like a baby," Riley said.

Burkart, who was named president when the group was officially named a student organization in 2010, said he already misses it.

"I still go to games and plan on going to games," Burkart said. "I definitely did gain a lot."

Coomer said the number one thing Burkart did during his tenure was elevate the name recognition and branding of the organization.

"Everything from getting a new logo and getting clothing for

the Red Storm," Coomer said. "From a branding standpoint, Felix was certainly successful in getting that organization in the forefront of students minds."

As a marketing major, Burkart said one of his proudest accomplishments is helping give SIUE athletics an image.

"The biggest thing I've been credited with is giving our pride a brand that represented our pride. People actually wear our stuff, the clothing lines being developed in the bookstore," Burkart said. "When people actually pay money to buy our stuff, that makes me feel good. Like, wow, we're actu-

RED STORM | pg. 11

Club hockey as good as gold



Center Jared Ippolito skates down the ice on a breakaway during a game against Minnesota. | Photo by Stephen Gevers.

JOHN LAYTON
Alestle Sports Editor

The SIUE Club Hockey team went 13-1-2 in Mid-American Collegiate Hockey Association Gold Division games this year and won the division with 28 points.

Head Coach Mike Edwards, in his first year with the team, said the team's leading scorer Jared Ippolito is a heck of a player.

"He's a goal scorer," Edwards said. "He can put that puck just about anywhere he wants. He's really come through for us when we needed."

Ippolito, a center, has 34 goals on the season including 10 goals on the power play and 24 assists. He is one of five Cougars who have more than 40 points this year.

Assistant coach Casey Kicielinski said Ippolito and linemate Alex Edwards can find each

other on the ice without even looking.

"The two Rockford kids, [Ippolito and Edwards], are like Brett Hull and Adam Oates from the Blues in the early '90s," Kicielinski said. "The net is looking like a soccer goal to [Ippolito]. He's just putting up some gaudy numbers."

Edwards said left-winger Traig Henson and center Cory Beck are key players for the team as well.

"Traig is an animal. We had one game against Loyola. He basically, in the last few minutes of the game, put the team on his back and away he went," Edwards said. "Cory doesn't talk very much. He's quiet, but the kid never stops. No excuses, no whining, no complaining; he just goes out and gets the job done like a man."

CLUB HOCKEY | pg. 11



Men's basketball

Murray State	23-0	(11-0)
Tennessee Tech	16-9	(8-4)
Tennessee State	15-10	(8-4)
Southeast Missouri	12-11	(7-4)
Morehead State	13-12	(6-5)
Eastern Kentucky	14-12	(6-6)
Austin Peay	9-17	(6-6)
Jacksonville State	10-16	(5-7)
SIUE*	7-14	(5-7)
Eastern Illinois	9-14	(2-9)
UT Martin	3-22	(0-12)

Feb. 7 results

E. Kentucky 59, Mid-Continent 41

Feb. 6 results

Belmont 94, Austin Peay 55

Feb. 4 results

Tennessee Tech 76, Jville State 68
Morehead State 56, Eastern Illinois 55
Murray State 65, UT Martin 58
SIUE 80, Eastern Kentucky 74
Tennessee State 75, SE Missouri 72

Schedule for Feb. 9

Tennessee State at Murray State
UT Martin at Southeast Missouri
Eastern Illinois at Tennessee Tech

Schedule for Feb. 11

Eastern Illinois at UT Martin
Morehead State at Eastern Kentucky
Southeast Missouri at SIUE
Tennessee Tech at Tennessee State
Austin Peay at Murray State

Schedule for Feb. 14

UT Martin at Kennesaw State
Jacksonville State at Tennessee Tech

Women's basketball

Eastern Illinois	20-4	(11-0)
UT Martin	16-8	(10-1)
SIUE *	14-9	(8-4)
Tennessee Tech	12-14	(8-4)
Murray State	10-14	(6-5)
Eastern Kentucky	11-12	(6-6)
Morehead State	8-15	(5-6)
Tennessee State	8-17	(4-9)
Southeast Missouri	6-18	(3-8)
Austin Peay	5-20	(2-10)
Jacksonville State	4-21	(1-11)

Feb. 6 results

UT Martin 99, Jacksonville State 67
Murray State 66, Tennessee State 56
Morehead State 73, SIUE 70
Tennessee Tech 68, Austin Peay 65
E. Illinois 64, Eastern Kentucky 51

Feb. 4 results

SIUE 64, Eastern Kentucky 53
Tennessee Tech 62, Jville State 50
UT Martin 84, Murray State 67
Eastern Illinois 78, Morehead State 48
SE Missouri 50, Tennessee State 39

Schedule for Feb. 11

Morehead State at Eastern Kentucky
Eastern Illinois at UT Martin
Southeast Missouri at Murray State
Tennessee Tech at Tennessee State

Schedule for Feb. 13

Jacksonville State at Morehead State
Southeast Missouri at SIUE
Austin Peay at Murray State
Eastern Illinois at Tennessee Tech

*SIUE is not eligible for postseason

SIUE Athletics Upcoming events

Feb. 9	WT&F	at Iowa State Classic	All day
Feb. 9	MT&F	at Iowa State Classic	All day
Feb. 10	SB	at UL-Monroe	12 p.m.
Feb. 10	SB	at N'western State	6 p.m.
Feb. 10	MTN	at N. Illinois	10 a.m.
Feb. 10	MTN vs. IPFW		6 p.m.
Feb. 10	MT&F	at Iowa State Classic	All day
Feb. 10	WT&F	at Iowa State Classic	All day





The Red Storm helped make the game against Murray State a sell out. Red Storm Interim President Colin Riley wants to see that become the norm. | Photo by Andrew Rathnow/Alestle.

RED STORM | from pg. 10

ally accomplishing something."

Although he acknowledged it will be a lot of work, Riley said he hopes to become the permanent president soon.

"When he first asked me if I would be interested in it, I knew right away that there would be a lot involved," Riley said. "I have some new ideas that I want to try out and I will have some more."

Riley said he will try to help the Red Storm become a bigger part of SIUE.

"So, when you think of SIUE, you think of the Red Storm fan group," Riley said. "Like when you think of U of I, you think of the fans they have."

Another aspect of the Red

Storm Riley said he hopes to improve is advertising.

"I want everyone to know when the games are and have the opportunity to come out and support the team," Riley said.

In order to help get the word out easier, Riley said he wants to get more young students in the Red Storm.

"Especially when you have more younger kids coming into the dorms, I want to get them involved," Riley said.

The turnout for the Jan. 21 men's basketball game against Murray State (No. 7 ESPN/USA Today, No. 9 AP) gave a glimpse of what the Red Storm could be. Burkart said the game was one of his prouder moments.

"Our fans stayed to the very

last second of the game and our team never stopped playing. That connection there meant a lot to me," Burkart said. "That kind of atmosphere and how they played that night was a great experience."

Riley said he wants to see more games have similar attendance to the Murray State game.

"The Murray State game was awesome when we sold it out," Riley said. "I would like us to sell out a game or come close to it with a game that's not nationally televised."

Burkart said he believes crowds of that size could become the norm sooner rather than later.

"People say it would take 10 years for us to have a fan section like that at every game," Burkart said. "I'm looking more at three to five years."

For now, Riley said he is focusing on the upcoming sports, baseball and softball.

"For softball, we're going to have if you come to three games, we'll give you a punch card so you can get a free T-shirt. When we have Saturday doubleheaders for the softball games, we're going to grill out," Riley said. "We hope everybody comes out to support the softball and baseball teams in the spring."

Burkart said the coaches and players have taken notice of how much he put into the Red Storm.

"I've had players I don't even know come up to me and thank me for what Red Storm does," Burkart said. "I really did put a lot of my heart into this organization."

John Layton can be reached at jlayton@alestlelive.com or 650-3524. Follow John @johnmlayton.

CLUB HOCKEY | from pg. 10

Henson has 25 goals, including six game-winning goals, three short-handed goals and 23 assists. Beck has 25 goals and 22 assists.

Edwards said since his son Bret used to play on the team, he was familiar with the players and knew he was getting a talented team when he got the coaching job.

"I knew we'd end up the first one or two in the MACHA. I didn't realize how talented these boys were," Edwards said. "We've just got some good, talented players that make myself and my coaching staff look good."

The Cougars are also ranked eighth in Central Region of the American Collegiate Hockey Association. According to Kicielinski, the Central Region is considered the toughest region in the country when it comes to ACHA hockey.

"The Central Region, I believe, have won the national title the last five years," Kicielinski said.

Kicielinski said Edwards and assistant coach Mike Dolan, who is transitioning from playing to coaching, are doing a heck of a job.

"I know the coaching last year was a little more relaxed," Kicielinski said. "Mike's made one hell of a transition from player to coach. Our coaches, this year, are more into it and the players really feed from it."

According to Kicielinski, no other team has dominated the Cougars this year.

"This is by far the most thoroughly high-powered team that we've had for a long time," Kicielinski said.

The Cougars now have two

non-conference games against Iowa before the MACHA playoffs start. Edwards said he expects the team will win their playoff games and move on to the ACHA regionals.

"My hopes are that we come out of regionals with a national berth. Our dreams are obviously winning nationals," Edwards said. "I do believe we are that good of a team. Anything less than that I think would be a disappointing season considering the talent we have on the team."

Kicielinski said the players will have to step up their play going into the playoffs and regional play.

"We need to do a better job of not letting up. You need to have no remorse. We haven't seen that and that would be really scary for other teams in the region," Kicielinski said. "If we can finish a team off, there's absolutely nobody that can play with us."

Kicielinski said if the standings stay the same, the Cougars would see Ferris State in the regionals. Ferris State beat SIUE twice earlier this year, 5-2 and 8-6.

"You always want that shot at redemption, especially in a marquee spotlight. You see a team again and you kind of know what you're up against. You want it that much worse," Kicielinski said. "When the spotlight is on, you have to bring your A-game. I think the guys will do it."

Follow the club hockey team on Twitter @SIUE_Hockey.

John Layton can be reached at jlayton@alestlelive.com or 650-3524. Follow John @johnmlayton.

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